

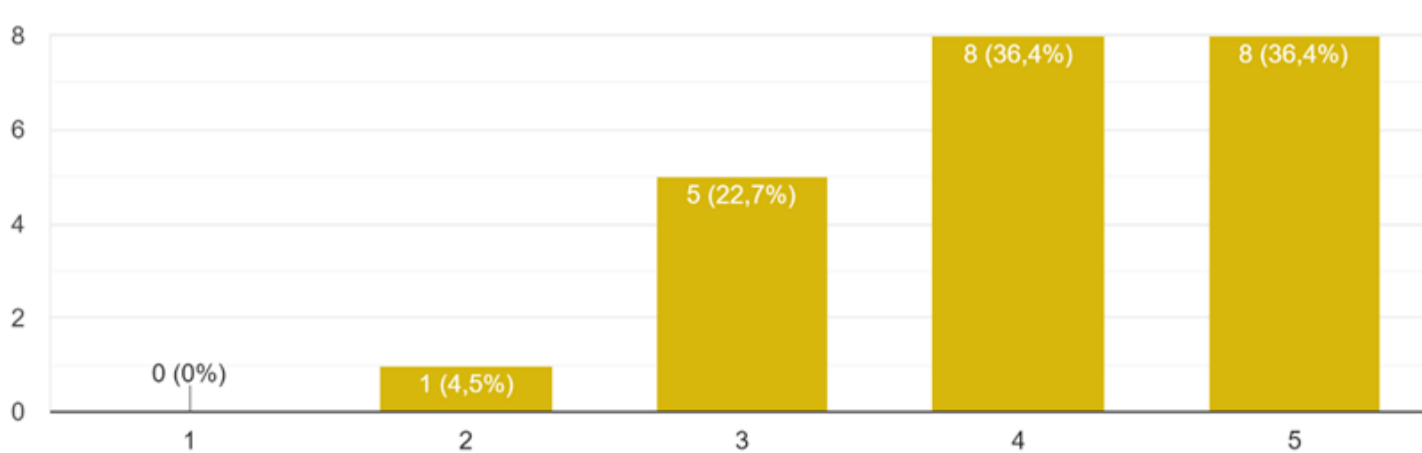
# Evaluation statistics



1

How much did you improve your knowledge about water sources and water scarcity?

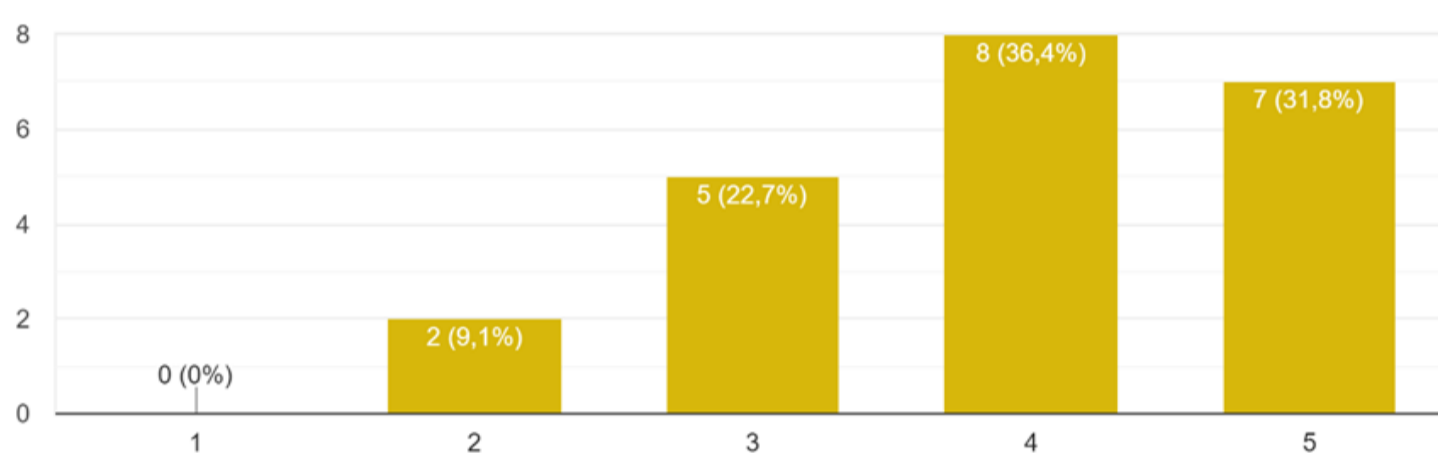
22 odpowiedzi



2

How much did you improve your knowledge about water pollution - causes and effects?

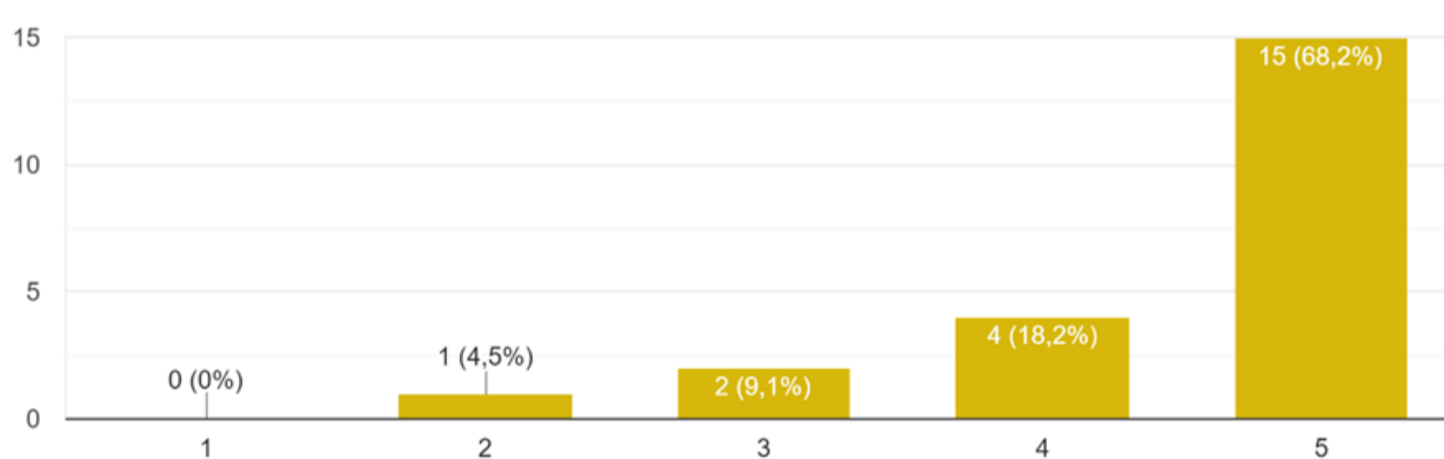
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3

How much did you improve your knowledge about the ecosystem of Sifnos and the Cyclades?

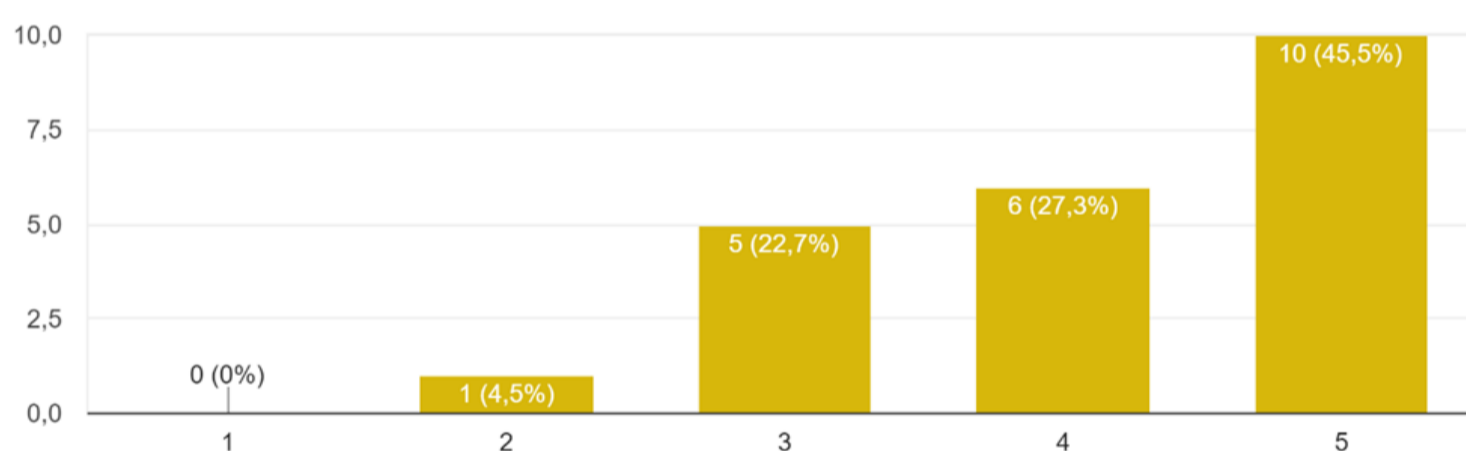
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4

How much did you improve your English skills during the exchange?

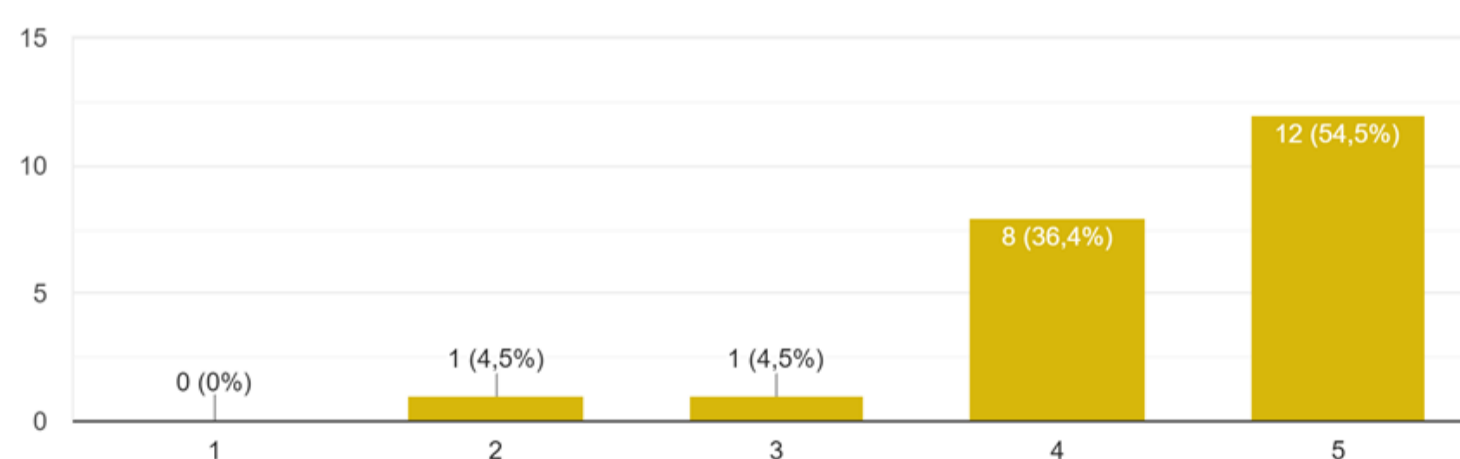
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5

How do you appreciate the relevance of the activities in relation to your expectations?

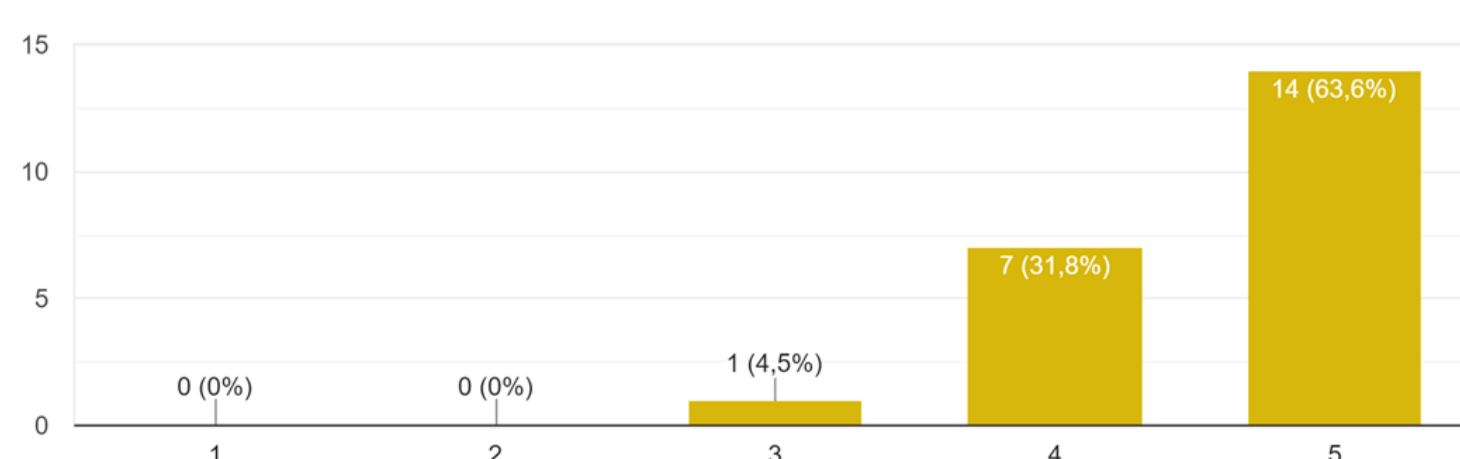
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6

How do you appreciate the activity of the host school representatives from the point of view of communication and presentation skills?

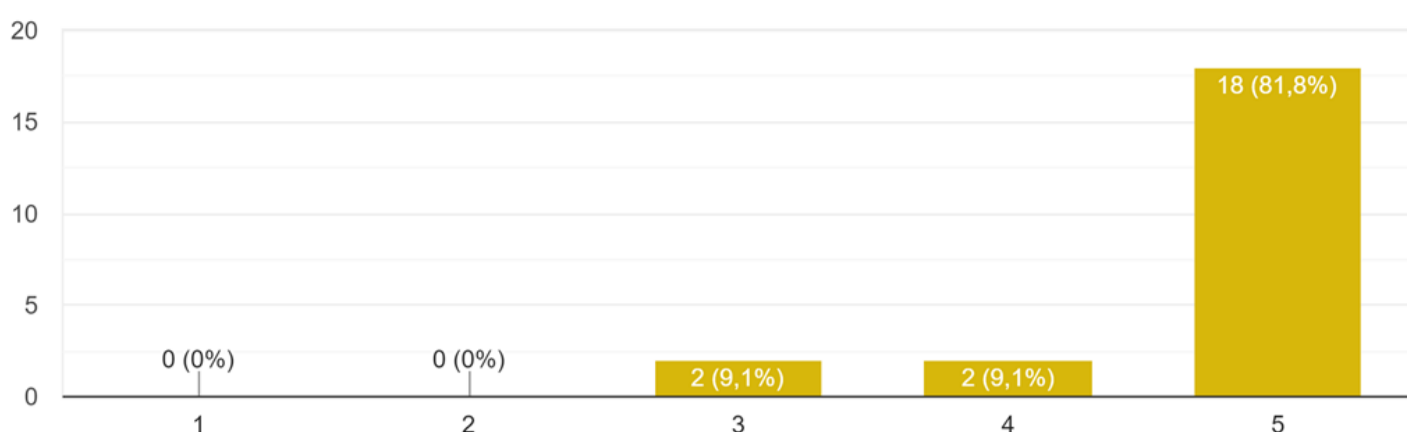
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7

How do you appreciate the activity of the host school representatives from the point of view of interpersonal skills?

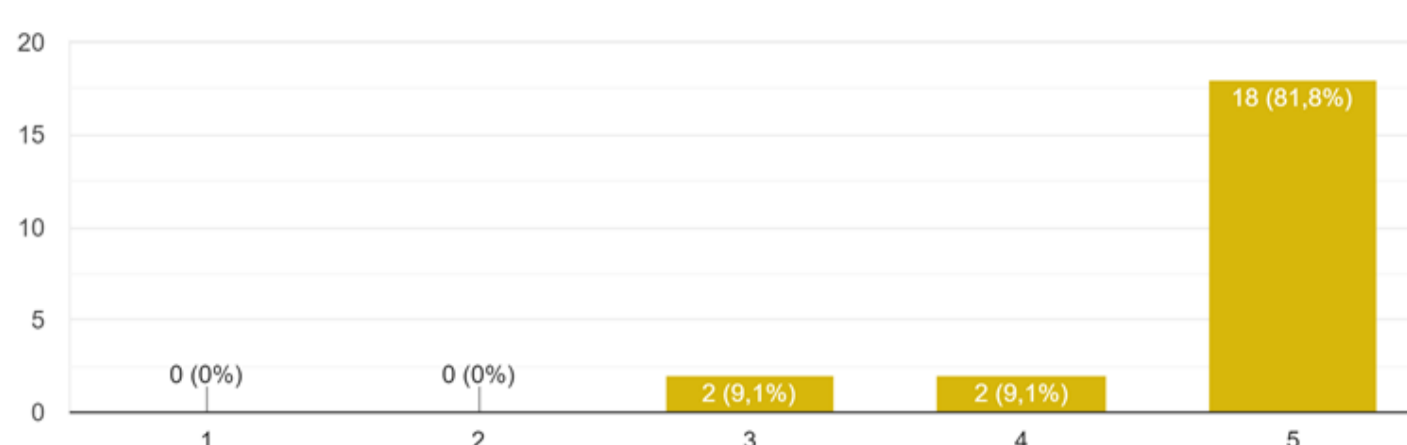
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8

How do you appreciate the quality of the materials you were provided with?

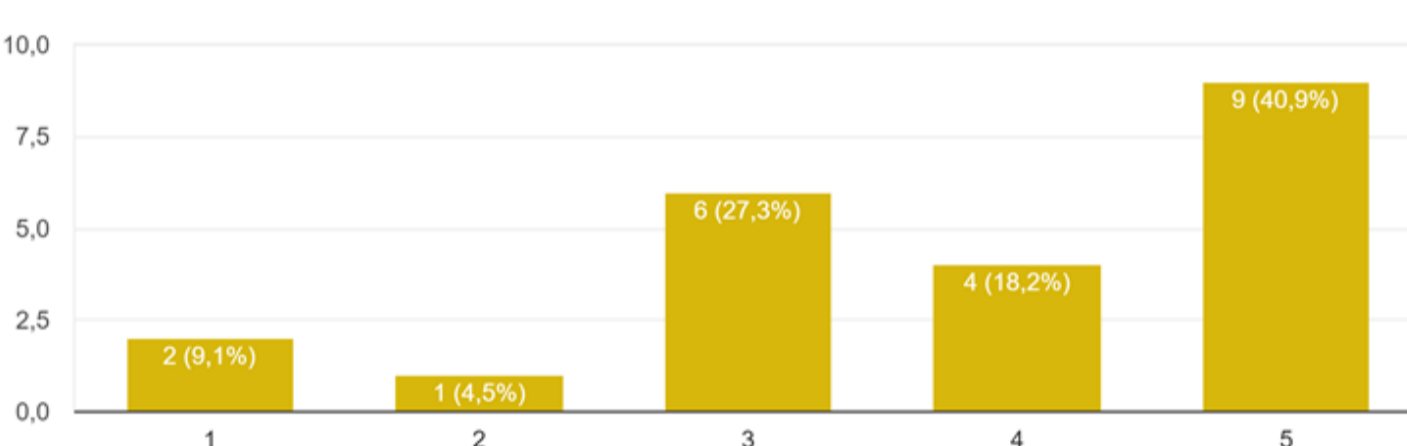
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9

How did you like the ice-breaking games conducted by the Music teacher on Monday?

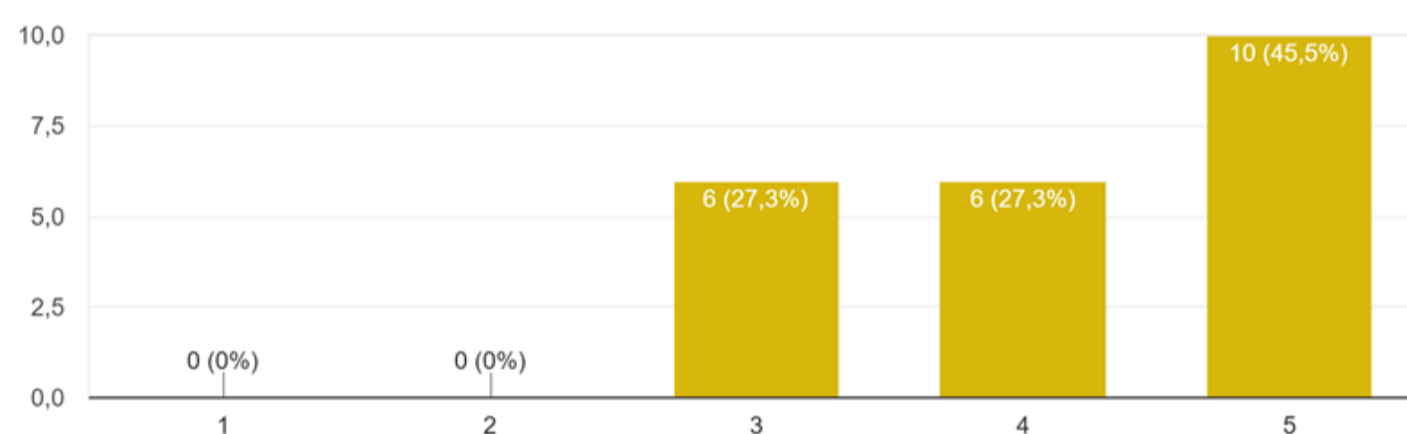
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10

How did you like the presentation about "water crisis and water in Europe" conducted by Greek students?

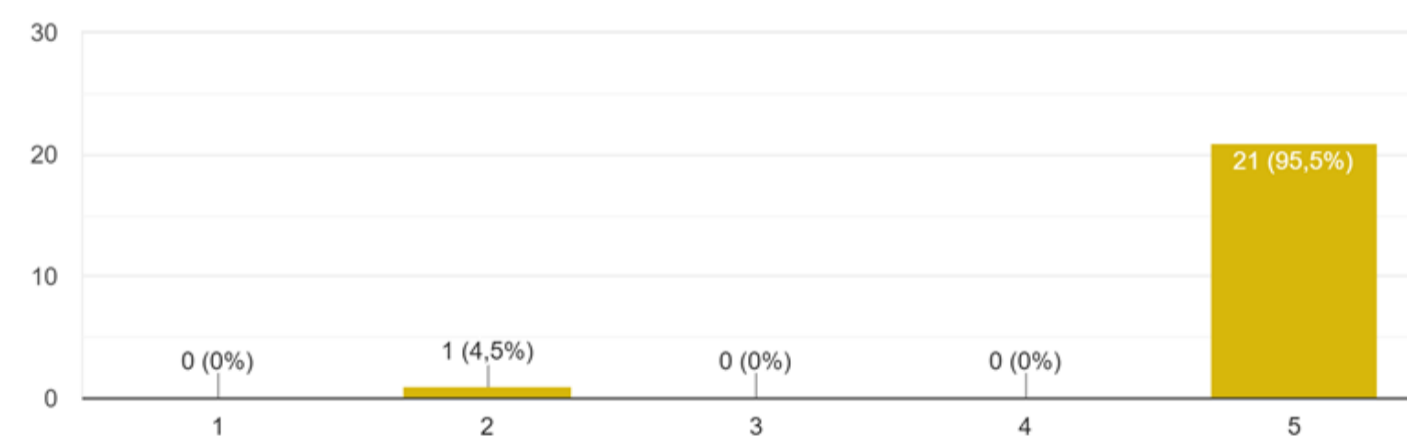
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11

How do you appreciate the quality of the International Evening?

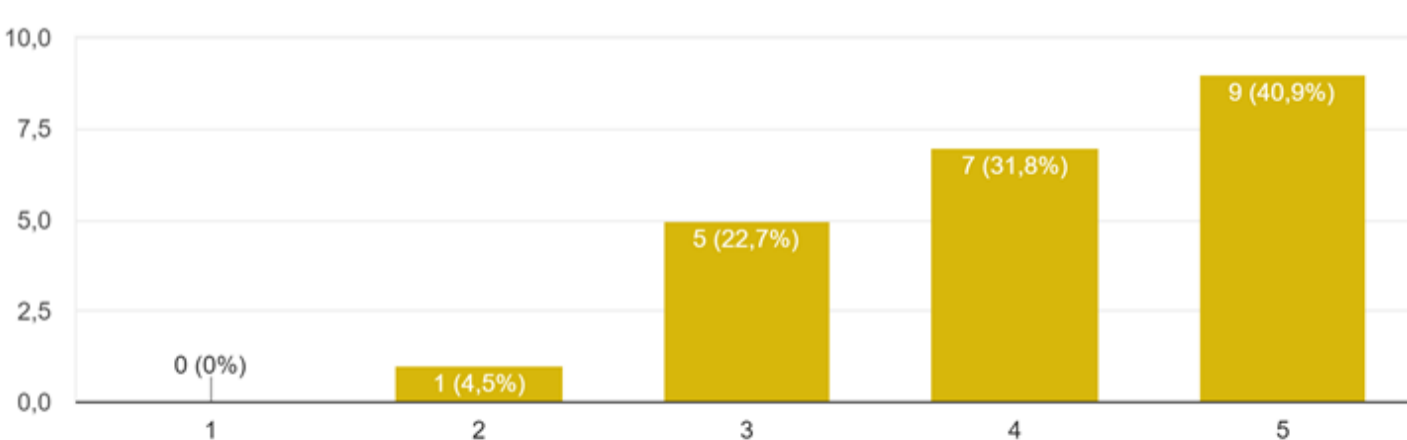
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12

How do you appreciate the quality of the presentations of survey results about water consumption habits and the discussions which followed them?

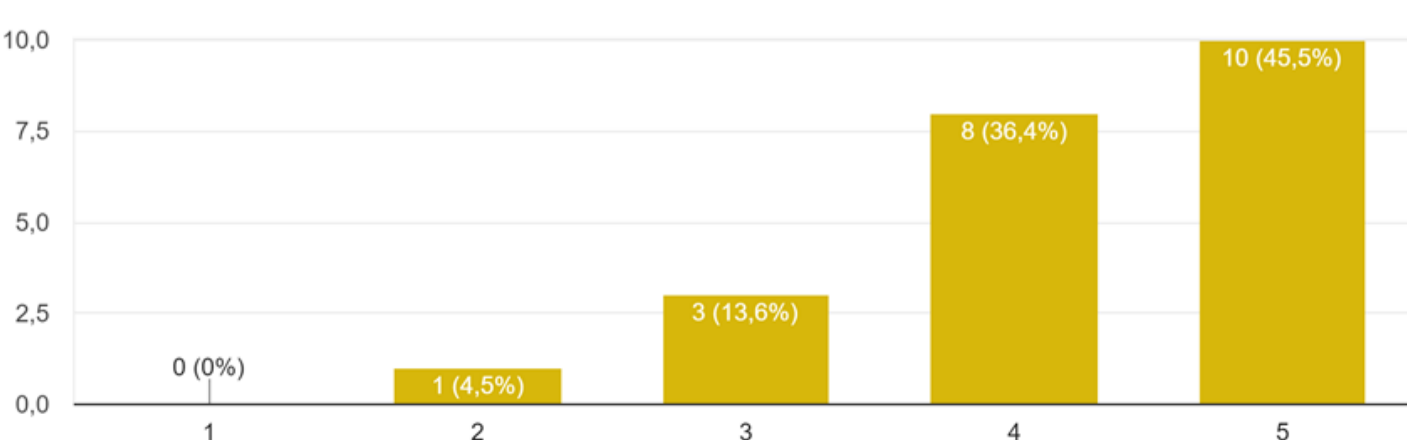
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13

How do you appreciate the quality of the workshop on "Water shortages – Solutions in Cyclades" held by Ms. Katerina Kanakari – environmentalist PhD?

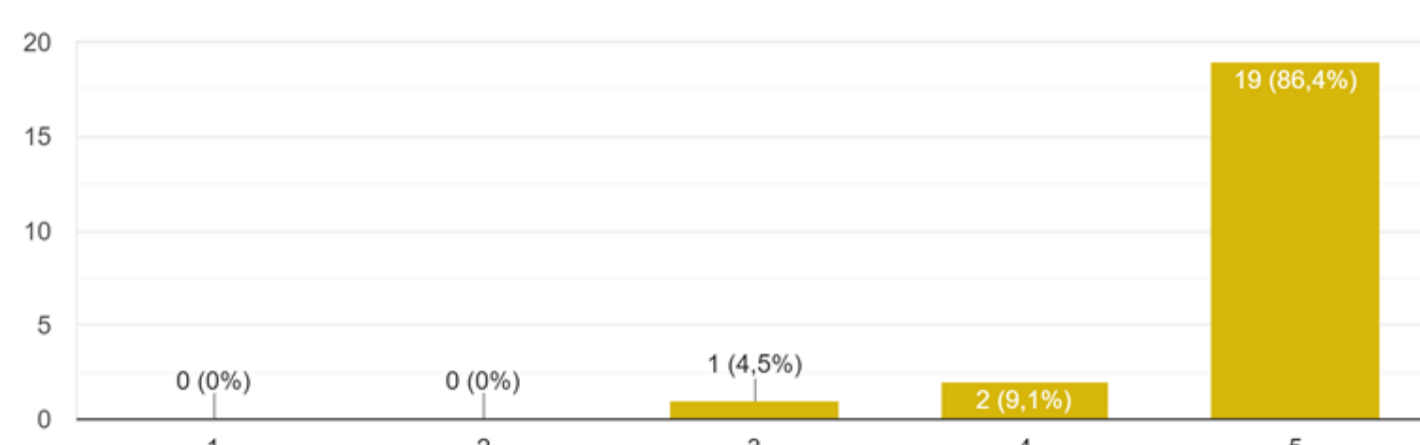
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14

How do you appreciate the quality of the visit to a traditional pottery lab and pottery lessons in Vathy?

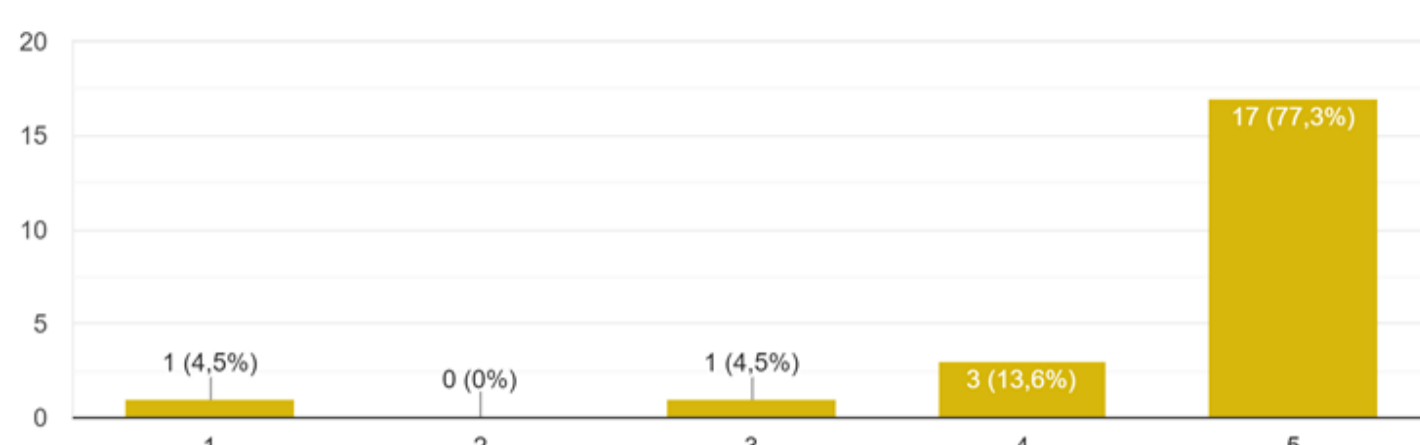
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15

How do you appreciate the quality of a guided tour and the Treasure Hunt in Kastro?

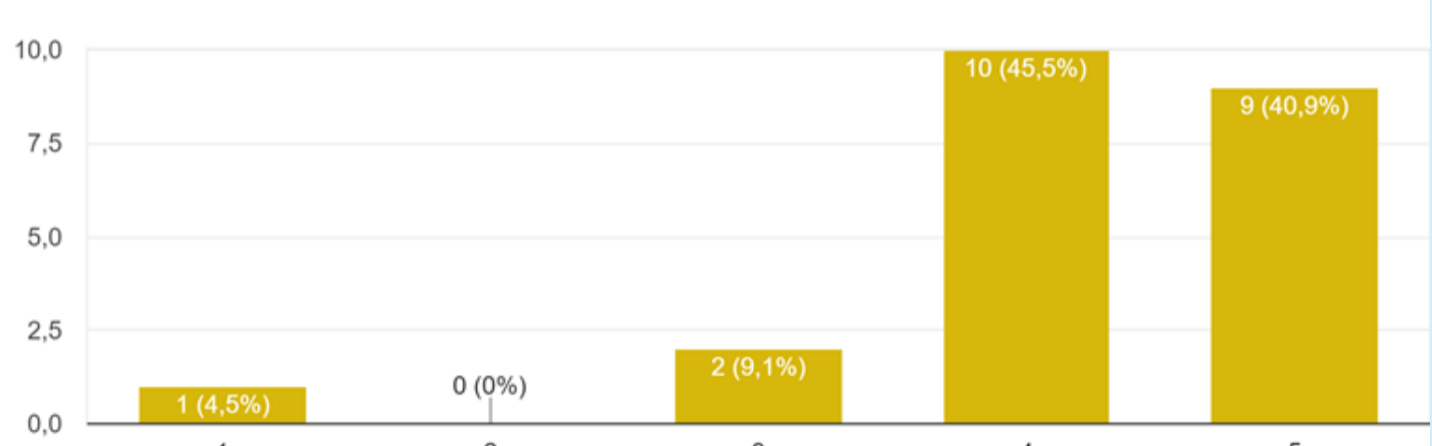
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16

How did you like the activity connected with the problem of overconsumption of water - "the lake of problems and solutions" - which was held on Wednesday?

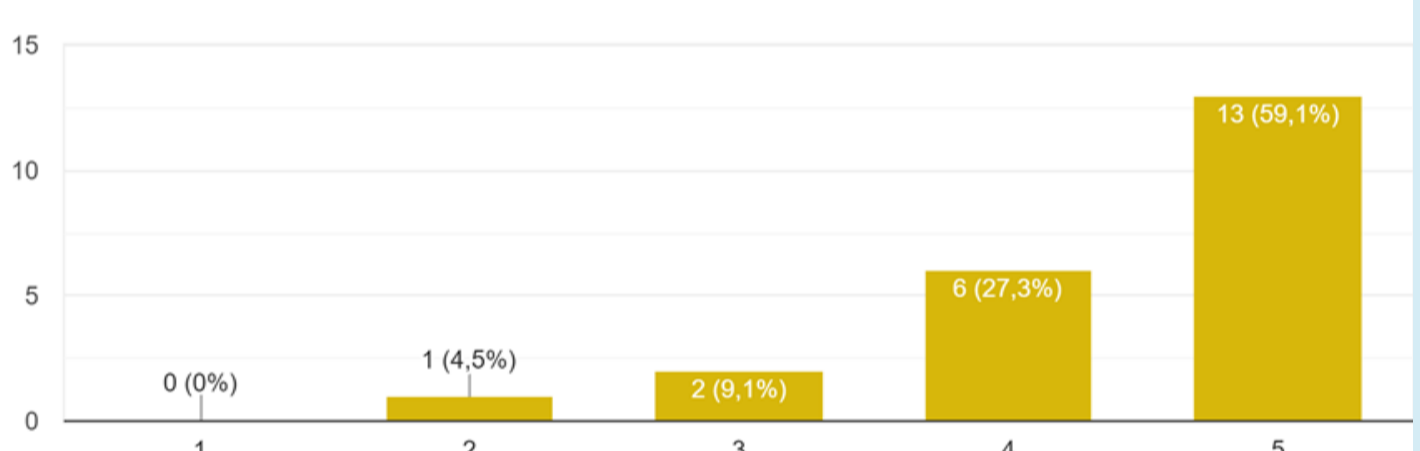
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17

How did you like the workshop about how to create the posters held by Mrs Maria Tzirosidou and the activity of creating posters connected with overconsumption of water?

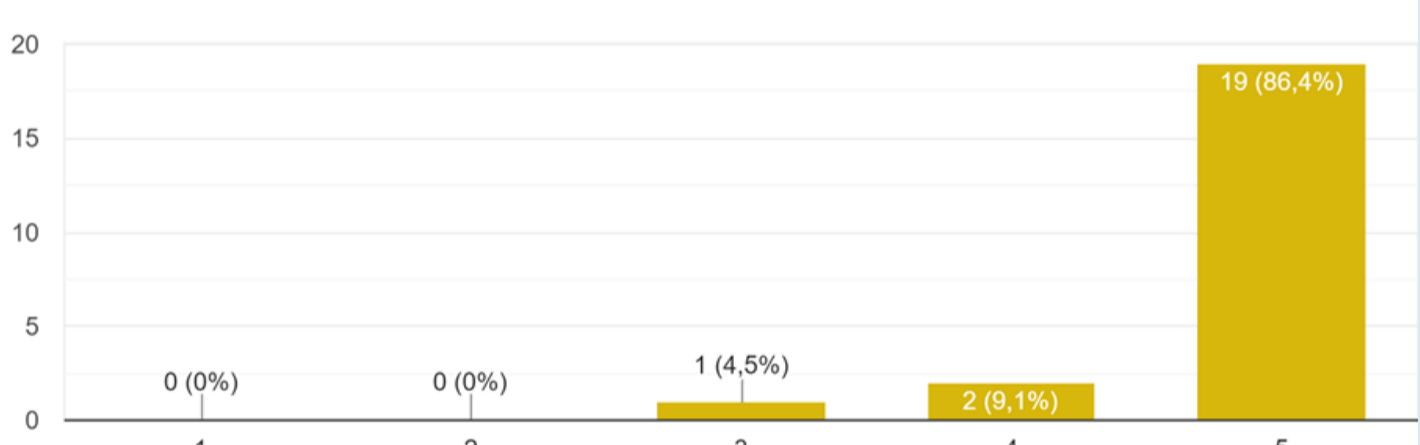
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18

How do you appreciate the quality of sightseeing of Sifnos (on Wednesday) and visiting the old monastery of Virgin Mary of Mountain, Panagia Ch...e dinner in the church of Holy Cross in Fasolou?

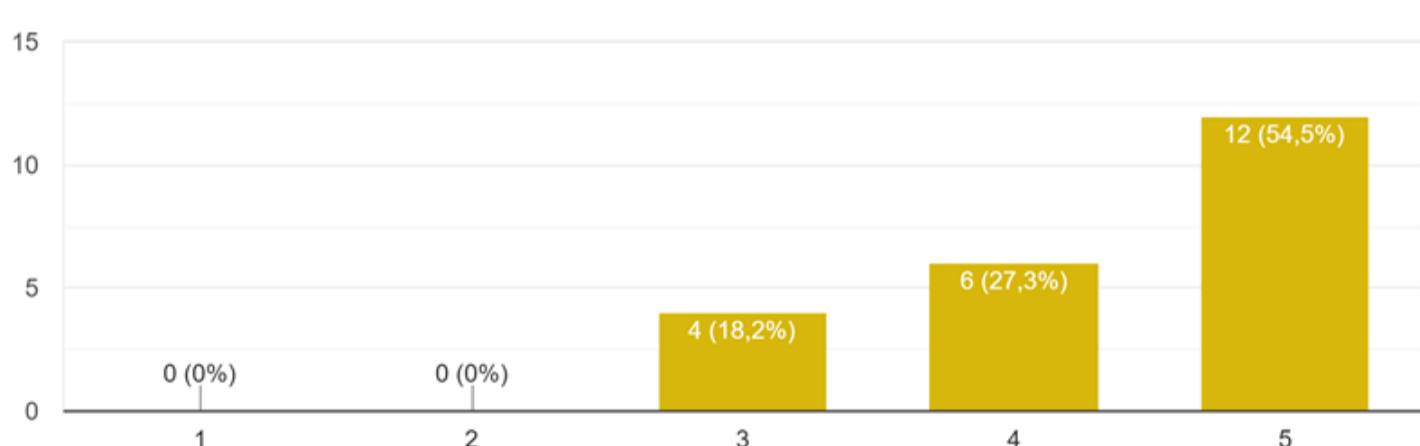
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19

How do you appreciate the quality of the lecture held by the school headmaster about water pollution, its causes and effects?

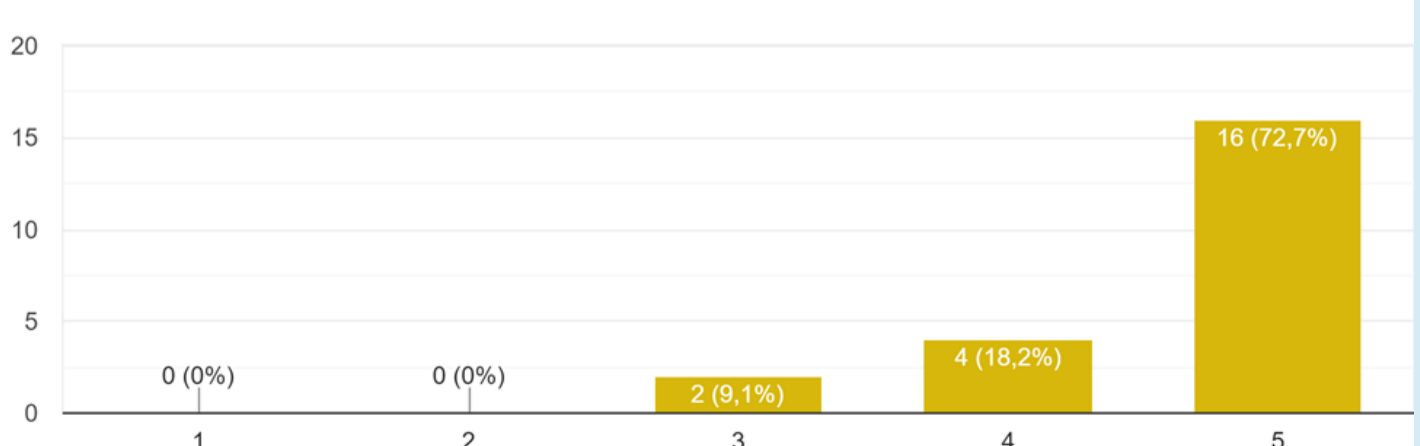
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20

How did you like hiking on the trail 'Saint Andreas (ancient Acropolis of Sifnos) - Apolonia', and the knowledge shared by the headmaster?

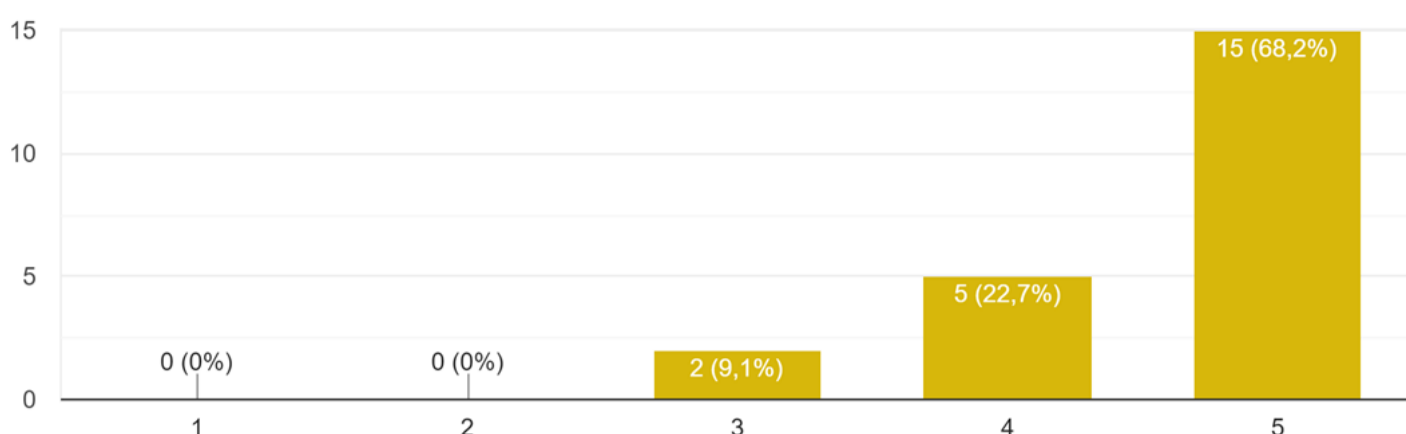
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21

How did you like the last-day activities (presentation of a Turkish student, the summative Kahoot quiz, presentation of certificates, etc.)?

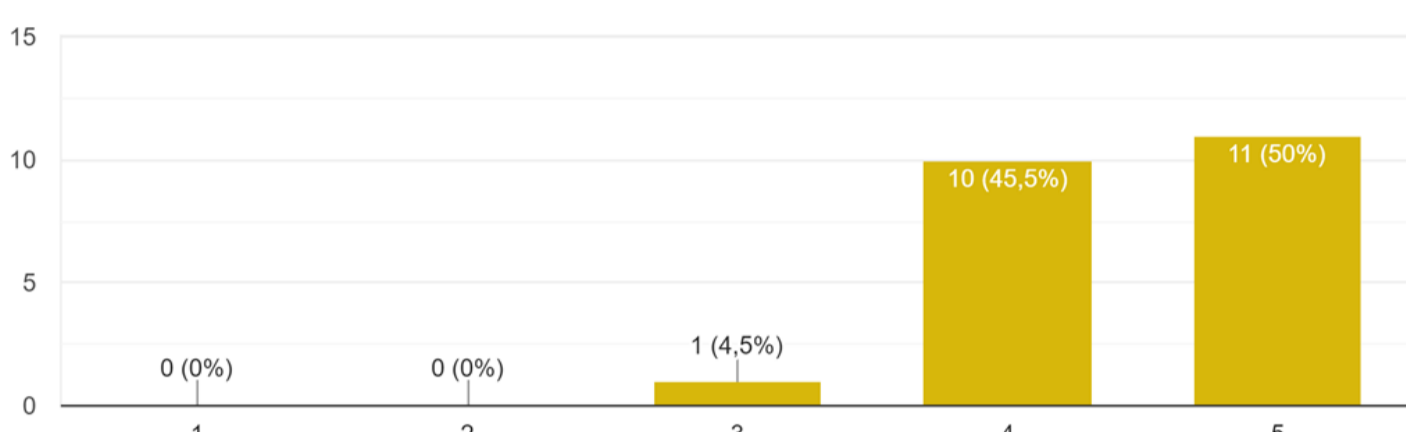
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22

How do you appreciate the quality of food during activities, including breakfast?

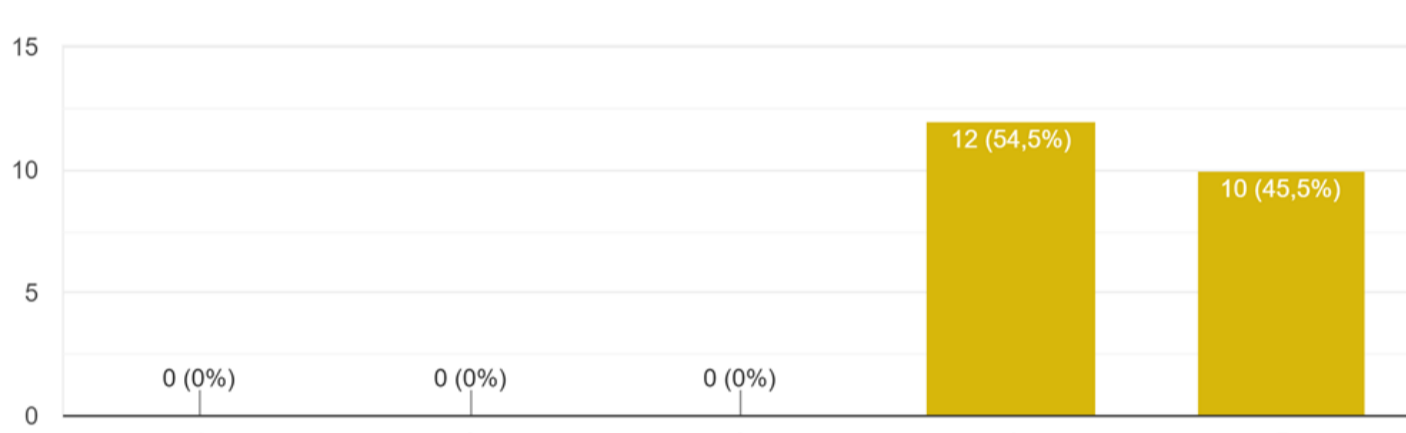
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23

How do you appreciate the quality of accommodation in Sifnos?

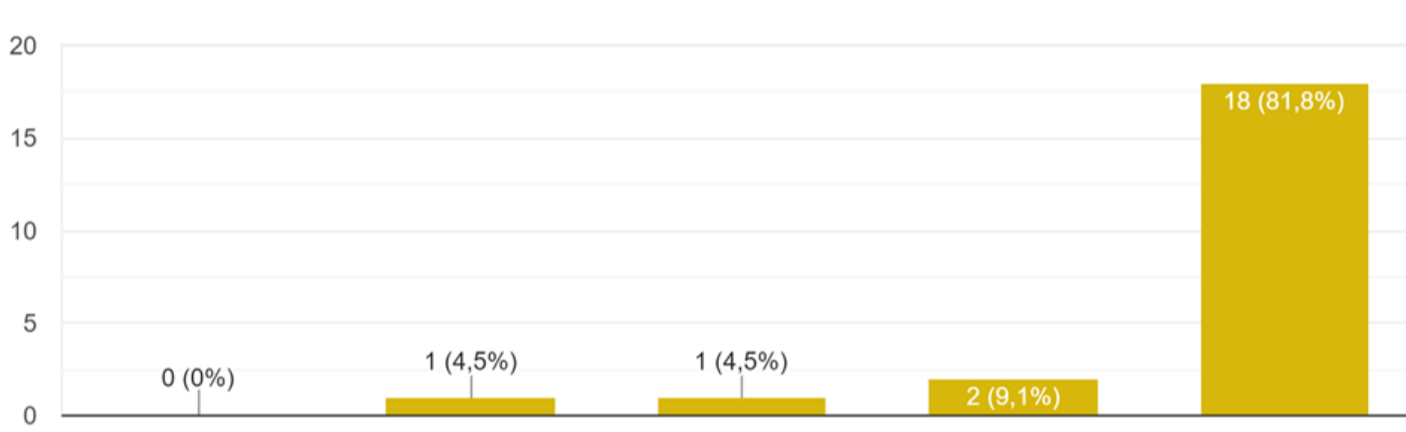
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24

How do you appreciate the quality of time spent with the hosts?

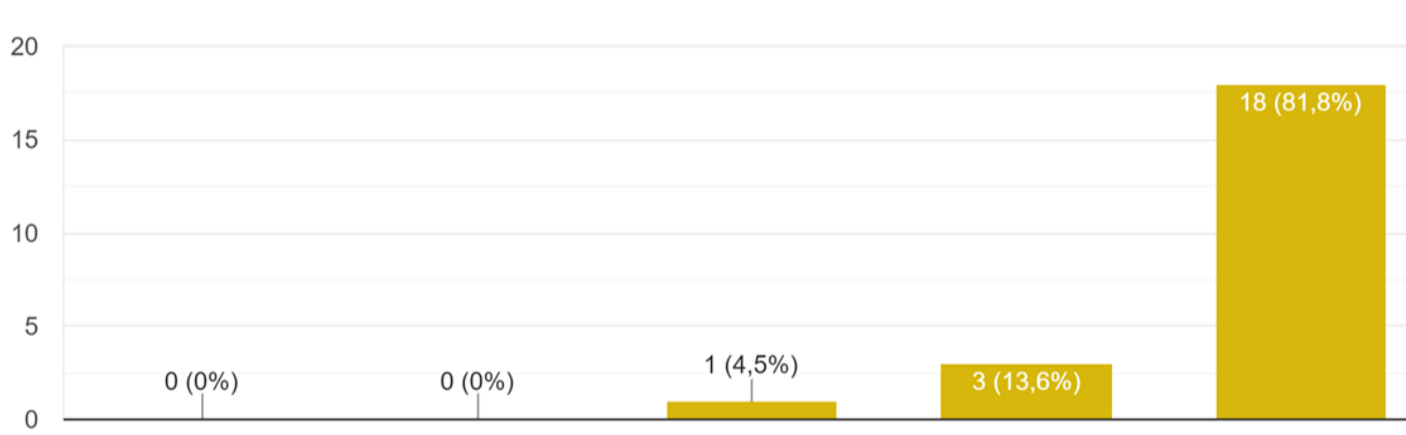
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25

What is the overall impression about your host family?

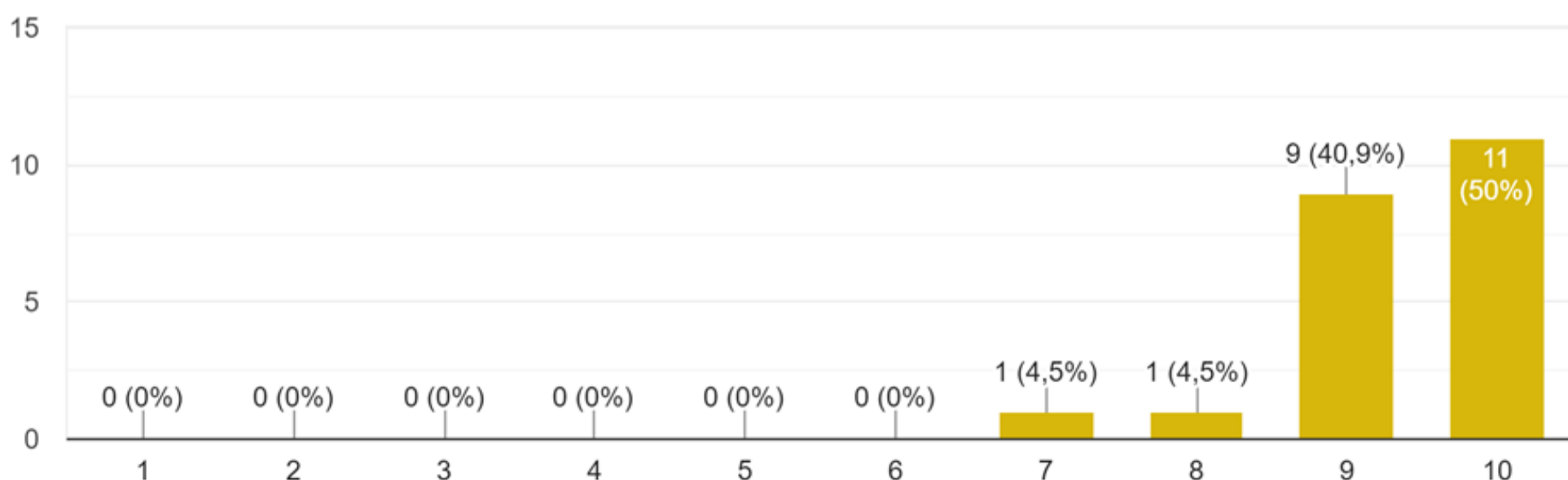
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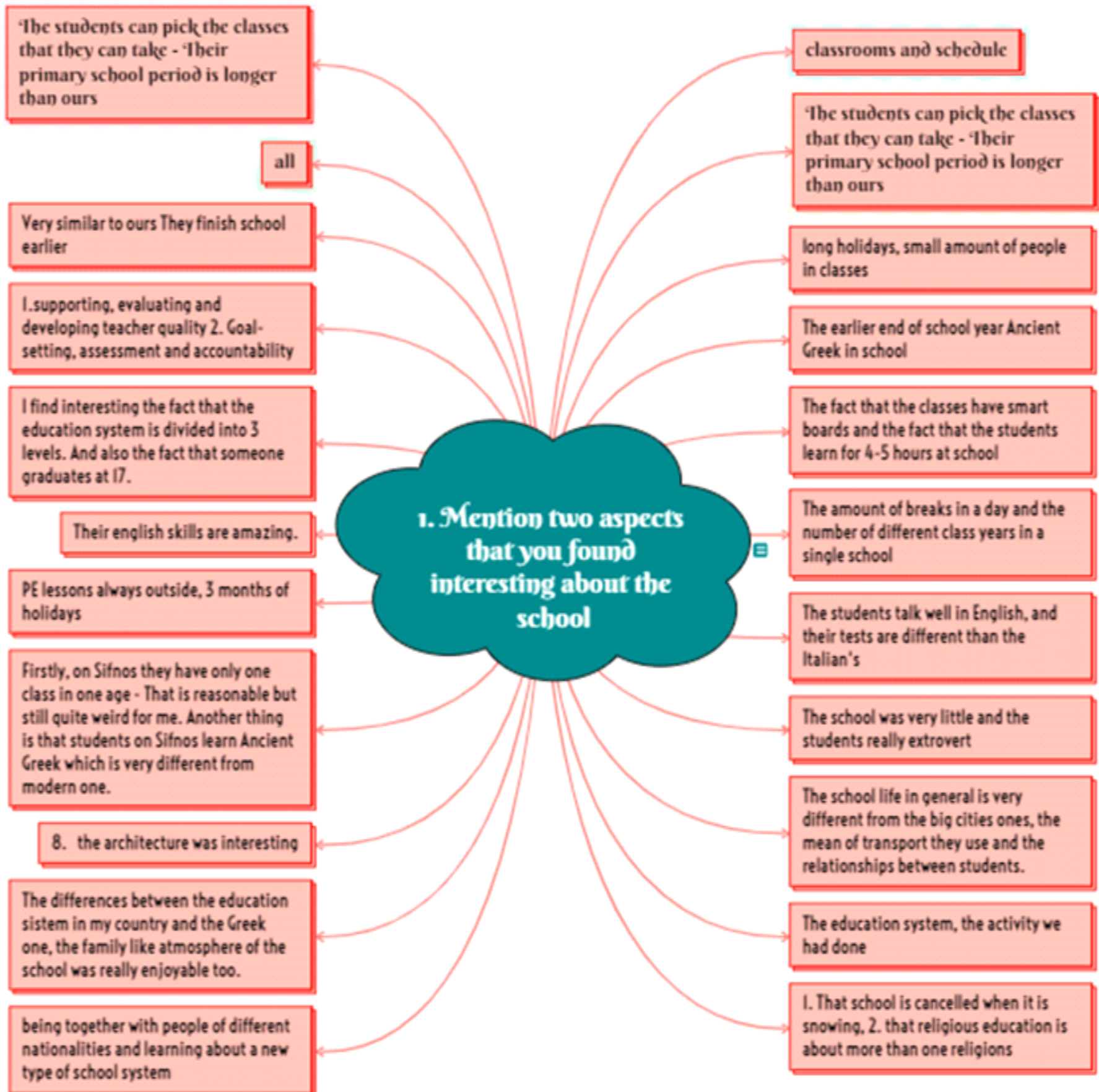
## Overall score

On a scale from 1 to 10, how do you appreciate the overall organisation of this exchange?

22 odpowiedzi



## C. QUALITATIVE EVALUATION



cisterns and terraces to collect water on Sifnos (5)

the tap water on Sifnos is not drinkable (3)

water pollution and how it affects our lives

activities - making posters (2), writing problems and solutions (1)

simple activities to save water, e.g. taking a shower instead of a bath (7)

the percentage of the population that has a recognizable water-supply system

Baltic Sea is 96% (or so) polluted

without water no bees, no bees no food, no food no life

paying attention to the amount of water used to produce clothes

dirty water leads to diseases

**Mention at least two aspects that you remember from the presentations and activities on topic "Safe Water - Safe Life."**

people need to be more aware of the waste of water

the way pollutant behave in rivers

the effects of agriculture on rivers and floods

Italians are the biggest bottled water consumer in the world

the proportion of sample supplies that comply with guideline values for drinking-water quality and minimum criteria for treatment and source protection

a significant amount of people don't have access to safe water and die because of that (8)

70% of the water in Europe is derived from natural lakes, streams, etc.

## Mention two things you found out about Greece

I found out how similar some recipes are to Italian ones and how open minded small communities are

Main Greek income is from tourism, esp when it comes to islands, Greece has a highly developed culture and tradition, Most Greeks are orthodox

Their traditional dishes  
Some small things about the culture in general

The color of the houses are always white  
white buildings, churches

The effort needed to get water in the Cyclades and very ancient nature of the Greek civilisation (when I had a guided tour of the acropolis)

There are turtles in some monuments in Athens! For many things like hospitals...  
The little islands like Sifnos depend on Athens

I discovered the typical Greek foods that are not so different from the Italian ones and also, always to recycle, do not throw the paper in the toilet but in the trash

They still use their own alphabet  
There are a lot of islands

Greece is one of The sunniest places in The world. The Greek Isles are home to over 6000 beautiful islands

Greece has a lot of churches (360 only in Sifnos)  
2.80% of Greece is made up of mountains

They reuse rainwater and also it's very windy

Their culture is influenced by the Turkish one, and the gyros is really good.

Their food is even better than I thought.  
Greeks are amazingly cheerful and hospitable

The gastronomy in general is different than I thought, and Athens is bigger than Barcelona.

They gather at the church during certain festivals to have a meal and show their gratefulness by clinking their fork against the plate

there are a lot of cats there, air smells like herbs on the streets of Sifnos

In Sifnos the water is not drinkable, in the islands there are many terraces to exploit rainwater in agriculture all

They make delicious dishes :) Greeks are very open, welcoming people

That it rains very little and that the religion is Orthodox

Different sewage system,  
local food - how all typical Greek food taste

staying together with people in the evenings and working as a group in workshops and treasure hunt, visiting all those beautiful places including Taros and traditional dinner in the evening; International evening when everyone started to dance together happily; I think there weren't only two or one specific things that had a major impact on me, because I think it was great to see all those beautiful places with the company of really cool people, it was great that we clicked with each other that fast

Something that I appreciated during this mobility was the fact that no one judged anyone based on their looks, English skills etc and that truly helped me understand that we are all equal and I loved that everyone is so welcoming and friendly in Sifnos. Also, the presentations helped me realise how severe the general problem of water shortage really is.

International evening Treasure Hunt game

I think the hospitality from the Greek students and how much I learned about the island's culture have had the biggest impact on me

The international evening was so funny And work with students from other countries was so interesting to compare the ideas

International night, spending time with hosts, meeting new people, making international friends

The headmaster explanation of bees and the island nature and the politeness of my host and his family

International day, trip to Vathi

They reuse rainwater and also it's very windy

The "Safe water-safe life" presentation  
The Turkish students' presentation

no

4. Exemplify two events/aspects/things/ highlights you experienced during your stay that have had a major impact on you.

The treasure hunt and the international night

Hitting the plates to show gratitude during dinner and doing pottery

the visit to Kastro and that of the mayor of Sifnos

be hosted by a Greek girl and become friends with people from different states

1. National evening - I didn't expect that people will be so eager to try to know each other, to learn and experience new things  
2. Trips around Sifnos - wonderful views have made a lasting impression on me

1. Their food is even better than I thought  
2. Greeks are amazingly cheerful and hospitable

1. The International Evening  
2. All The places that we had visited made ME realise how I should think about life in future.



**Mention a difficulty you encountered during your stay and how you solved it.**

**problem**

**solution**

Difficulty in communicating with host (English level)

We did our best to understand each other

My feet ached because of the long walks

I just got used to it

I locked my room's keys inside

I asked for them at the desk

It was cold at night

I put a heater on/take a second blanket

I felt a bit sick during the first evening

I felt better the next day

I initially had a hard time speaking English

Over time I got used to it and spoke more and more

Approach other people by speaking a different language

I was able to fight this fear and also improve my English

Language barrier

More talking less stress

At the accommodation in the first night it was really cold

I managed to turn on the air conditioning on a heating temperature in order to heat my room

Adapting to the Greek lifestyle

I was offered all of the needed tools to adapt and have a nice week

One of the biggest difficulties that I encountered was managing time

and with the help of my team I solved it.

I was a bit cold during the night

I asked for another blanket

Being with people 24/7 and having a need to talk to them all the time to use our time together to its fullness which was tiring. Also not having any time for myself

one day we came earlier from host's home so I had some free hour to rest alone

At the accommodation in the first night it was really cold wind.

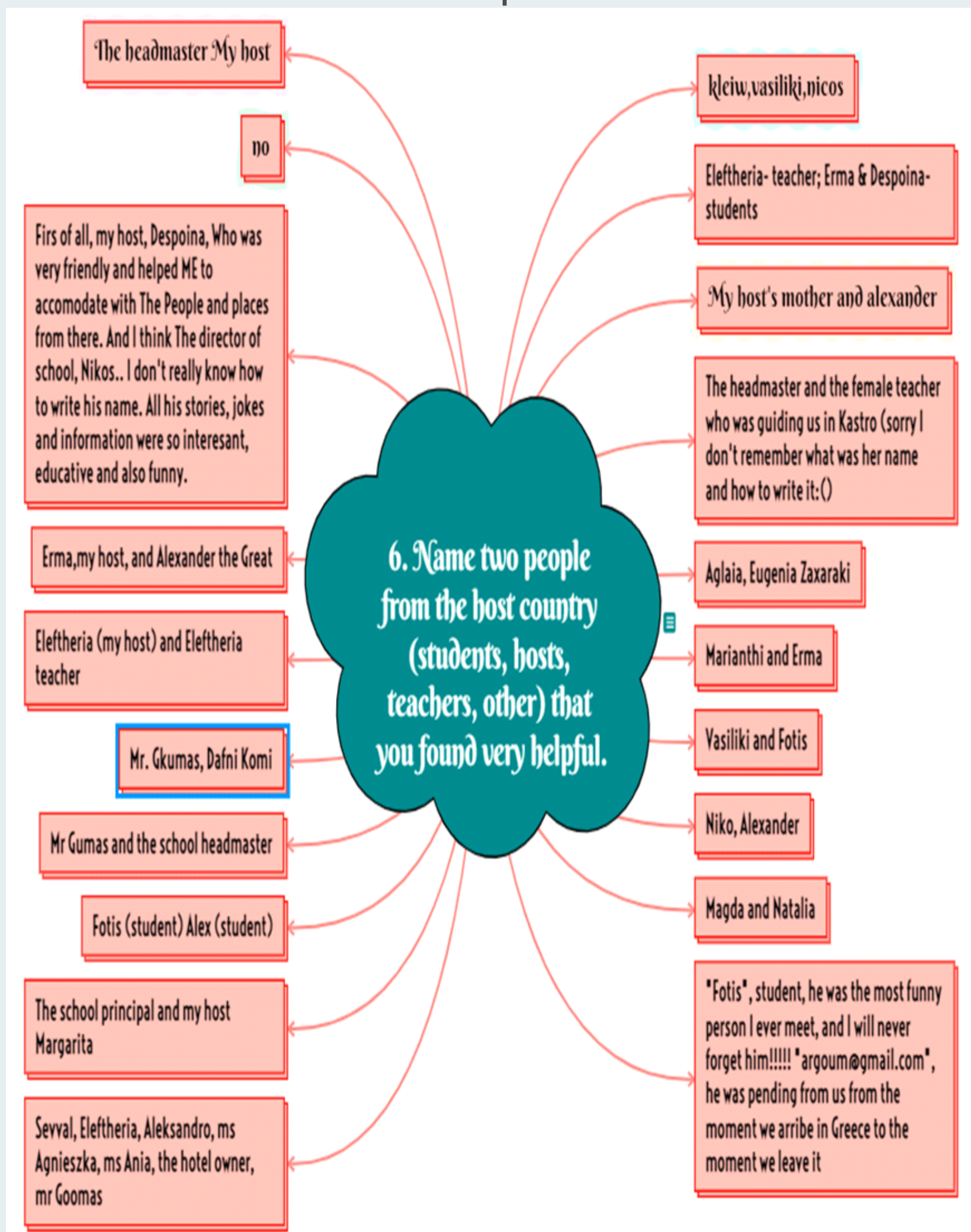
i managed to turn on the air conditioning on a heating temperature in order to heat my room

I do not think I encountered any difficulty.

I haven't encountered any difficulty

I didn't encounter with any difficulty

I am grateful to say that I haven't encountered any difficulties :D



Yes of course thanks to Instagram and other apps(Snapchat for example)

yes, I want to stay in touch with as many people as possible through social media

I am already keeping in touch with at least five of the participants through text messages and Instagram

yes, through social media

maybe in the summer I will go to the beach on Sifnos and for sure I will text the people I have met

yes, many of us are following each other on Instagram

yes, by messaging them

yes, within Whatsapp and Instagram

I'm not really planning to but if I had to I'd probably use Instagram

yes, through Instagram

Do you intend to keep in touch with any of the participants? How?

yes, I want to stay in touch with some people that I got close with, mostly by Instagram or Whatsapp

yes, via Instagram

Yes, mainly by social networks

Yes, via Instagram or WhatsApp, generally online

Yeah, on Instagram

Yes, via social media and meeting in summer face to face

Yes! We have the Instagram account of all the other students and the phone number. I want to come back to Sifnos this summer!

yes, by Instagram and Whatsapp

yes, by talking online

## D. OBSERVATIONS, SUGGESTIONS AND RECOMMENDATIONS

the family like atmosphere that was born between the students of various countries

diversity of activities

the comfortable atmosphere makes easier to create strong bonds between students

opportunity to talk about problems and solutions (2)

group projects in international teams (2)

amazing hosts (2)

mix of cultures and finding out things about them (2)

welcoming, positive, friendly people (6)

good organisation (2)

**Strengths of the meeting**

interesting workshops in cool artistic forms

how much different people bonded with students from completely different cultures

promoting learning mobility of individuals and groups, as well as cooperation, quality, inclusion and equity, excellence, creativity and innovation at the level of organization and policies in the field of educational and training

each day full of activities

ability to make everyone feel included

beautiful places we've visited (2)

make the students focus more on the theoretic sessions, that are less enjoyable

the activities held during the morning are not well related to the student's age

organisation of evenings events by hosts students after official activities with teachers

better organised schedule

organisation of the events outside the school - explaining stuff more carefully

### Areas that require improvement

more activities

trying to apply the proposed ideas to see if they will work

nothing to improve (4)

more time with the host could be helpful to better understand the hosting country situation

too many activities and not enough time to rest

the timing

more integration games